

Activities 2025

WE INVITE YOU TO GATHER YOUR GROUP OF COLLEAGUES, FRIENDS, STUDENTS, ETC
AND LET'S CROSS OUR AGENDAS TO PLAN YOUR WORKSHOP!

ACTIVITIES ABOUT TREES

Tree Walks - Meeting with trees in town

We guide you through Brussels' parks, streets and woods to discover its most beautiful trees. We reveal their secrets to you. Duration: 2h. Price: 20 € (or 25-30 € to support our platform's development, its contents and activities)

Other languages (FR, IT, ES), dates, places can be organized for private visits on request: in Leopold's Park, Ixelles, Josaphat's Park, Wolvendael Park, Botanique's Park, Meise botanical gardens, , Arboretum of Tervuren.

Info and bookings



ACTIVITIES AT THE HEART OF THE FOREST

The Sonian Forest, Brussels's healer

Shinrin Yoku forest bathing (Japanese sylvotherapy) with a certified guide. Discover the woods in a different way: in slow motion, with all your senses open (there are more than 10!). A breakout of time to feel good, to reconnect with yourself, with nature/forest life and with other people. Duration: 3h

In partnership with <u>Sylvolutions.eu</u>
Other languages (EN, IT, ES), dates, places can be organized for private visits on request

Infos and bookings



WORKSHOPS, MEETING, FOREST BATHING, TEAMBUILDING "A LA CARTE"

We facilitate workshops and teambuildings based on scientific research on the forest's intelligence, as well as on the superpowers of trees

We organize conferences, fun and educational workshops to discover the secrets of the urban forest.

We come to meet you in your organization, companies, associations, collectives, libraries, academies, schools, etc. to design tailor-made outdoor activities and programs.

We take you into amazing places in the Forest.

INFOS AND BOOKINGS - 0494 36 92 54

woodwideweb.brussels@gmail.com

BY YOURSELF - SEE OUR ONLINE WALKS



More on our <u>Facebook group</u> See you soon at the foot of the trees!